

EGD Instructions

4 days prior to the procedure, hold all blood thinners and non-steroidal anti-inflammatory medications:

Brilanta	Aggrenox	Arixtra
Coumadin	Persantine	Ticlid
Pradaxa	Fragmin	Argatroban
Dalteparin	Diclofenac	Difusinal
Ketoprofen		

It is OK to continue aspirin 81 mg or 325 mg daily.

If you are diabetic:

1. Do not take your oral medication on the day of your procedure.
2. If you take insulin, take ½ of your usual dose the day before the procedure and hold your insulin the day of your procedure.
3. If you have an insulin pump, call your prescribing physician for dose adjustments.

Day PRIOR to Procedure: Take all routine medications as you normally would, unless otherwise instructed as above. ****If you are on Ozempic or Mounjaro, you must stop these medications ONE WEEK prior to your procedure.**

Day of Procedure-All patients: Take Thyroid, Heart, Blood Pressure, Anti-Seizure, Breathing and /or Transplant Medications with a small sip of water before coming to the procedure. When you return home, you may take all regular medications as usual.

Absolutely nothing to eat or drink after midnight on the night before your procedure.

If your procedure is scheduled after 1:30 PM, no solid foods after midnight and you may have clear liquids before _____.

Clear liquids include: black coffee, tea, carbonated beverages, apple or white grape juice, lemonade, limeade, broth, Ensure Clear-Peach Flavor, Gatorade/Crystal light/Sobe/Powerade, Jello, and popsicles. **Avoid Alcohol, all RED or PURPLE, Solid Foods or Milk/Milk Products.**

****NO ILLICIT DRUG USE 24 hours prior to procedure*** Please do not wear any make-up, cologne, and perfume or aftershave day of procedure.

Someone will need to bring you to and from the procedure. You cannot drive yourself and NO TAXIs.

Date: _____

Arrive at: _____

___ Digestive Health Center of Bedford, 1600 Central Dr, Suite 300; 817.318.0235

___ Harris HEB Hospital, 1600 Hospital Parkway; 817.848.2778 (Check in at Main Admissions)

****If you have any questions, please call Andrea at 817.267.8470, ext: 122**

You may be charged a \$100 fee if you reschedule or cancel your procedure without a 2 day advanced notice.