

Suflave Instructions

ONE (1) DAY BEFORE THE PROCEDURE: NO SOLID FOOD!

From the time you wake up, you may have clear liquids only from the following list:

Water, Gatorade, Propel, flavored water, white cranberry juice, white grape juice, apple juice, Kool-Aid, Crystal Light, any type of soda, tea, black coffee (no milk, cream including, non-dairy), clear broths (chicken, beef or vegetable), and Popsicles, Ensure clear. **Avoid anything with red or purple dyes. Avoid green leafy vegetables, nuts, and seeds 4-5 days prior to your procedure.**

Diabetic patients need to follow a sugar-free, clear liquid diet. **DO NOT TAKE YOUR MEDICATION THE MORNING OF YOUR PROCEDURE.**

You may take all your medications today as usual, unless instructed otherwise.

If you are on GLP-1 medications, you must stop these ONE WEEK prior to your procedure.

5:00 PM Add 1 flavor enhancing packet into the provided bottle. Fill the provided bottle with water up to the fill line. After capping the bottle, gently shake the bottle until all the powder has dissolved. Drink 8 ounces every 15 minutes until the bottle is empty. Then, drink an additional 16 ounces of just water/Gatorade.

9:00 PM drink the second bottle of SUFLAVE (repeating steps above). You must drink BOTH bottles for a complete prep.

Stop clear liquids after midnight unless you are scheduled after 12:00PM. If your procedure is after 12 PM, you may have clear liquids until _____.

DAY OF PROCEDURE:

You cannot work or drive following the procedure. You must have a ride home; taxis are not allowed. **If you take heart medication, blood pressure, anti-seizure, or breathing medications in the morning, take them with enough water to swallow the medicine at least 4 hours prior to procedure time.** Hold ALL other medications until you return home.

Procedure Date _____ Arrival Time _____

___ Digestive Health Center 1600 Central Drive, Ste 300 (817) 318-0235

___ Harris HEB Hospital 1600 Hospital Parkway (817) 685-2088

We will contact you regarding your biopsy results by mail or phone in approximately 14 days.

****You may be charged a \$100 rescheduling fee if you do not cancel or reschedule at least 48 hours prior to your procedure.** Rescheduling fees and missed appointment fees are not generally covered by insurance.